



What is Teen Dating Violence Awareness Month and Why Does it Matter?

"1 in 5 women and 1 in 7 men who experienced rape, physical violence, and stalking by an intimate partner first experienced some form of partner violence between 11 and 17 years of age.

Teen Dating Violence Awareness Month (TDVAM) is designed to amplify your voice and experiences in relationships— we want to uplift what's healthy and what is unhealthy or even abusive. This is so important that in 2010, Congress declared Teen Dating Violence Awareness Month every February. Teens, young adults, and their loved ones unite to spotlight the real harm young people experience online, on campus, and at home.

Together, prevention and education can keep us safe and create the healthy and fun relationships we all deserve. love is respect brings awareness to teen dating violence, and unites teens, young adults, and those who support them in a national effort to promote healthy relationships and prevent future abuse."

-Loveisrespect.org





Resources for Parents and Guardians

As a parent, it can be difficult to talk to your teens about dating. Thankfully, organizations like Futures Without Violence have gathered the latest, relevant information to help guide your conversations. With resources like conversation starters on dating abuse, knowing the warning signs of abusive relationships, and teen dating violence fact sheets, they will help you have an open, productive conversation. There's even a quiz to check to see if you're modeling healthy relationships for your family. Just because these conversations can be hard, doesn't mean we shouldn't have them. By talking to your teen, you can keep them safe and set them up for a lifetime of healthy relationships.

[More Information](#)



Resources for Teens

Do you suspect that your relationship might be unhealthy? Do your parents tell you that they don't like your partner or that they're not a good fit for you? Do you have questions about how to safely end an unhealthy relationships, about LGBTQ relationships, or what to do if you or one of your friends is sexually assaulted? Loveisrespect.org has quizzes, articles, and exercises to do with your partner. Even if you're not in a relationship, empower yourself with information.

If you believe that you're in an abusive relationship, start by having an open conversation with your parents. If you'd like to speak with an AWARE advocate confidentially, you can call our 24/7 crisis hotline at (517) 783-2861.

[More Information](#)

How to Get Involved

Start Talking

The only way to eliminate teen dating violence is to have open and honest conversations about healthy and unhealthy relationships to help teens know the signs. Join the conversation by following AWARE on FaceBook and LinkedIn. Don't forget to use hashtags #TDVAM24, #LoveLikeThat, and #LovelisRespect.

Wear Orange

Tuesday February 6th is wear orange day. Show your support by wearing orange to school, work, or wherever you go! Want to take it one step further? Ask your employer about doing a jean day campaign for February 6th or for Fridays in February. Employees who make a donation can wear jeans with their orange and the funds support AWARE.

Volunteer

AWARE is looking for volunteers to take shifts answering calls on our 24/7 crisis hotline. Volunteer shifts needed are open availability, nights, and weekends. Interested persons should be able to dedicate a minimum of 5 hours on-call per shift and commit to an in-person, weeklong

training.

Donate

AWARE provides emergency shelter, counseling, legal advocacy, Kid's Club, and more at no cost to survivors. Your help allows us to continue to provide the highest quality of services to survivors.

[Volunteer](#)

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